


Curries...

Served with your choice of: Chicken, Duck, Beef, Prawn, Pork, Combination (add €1.50) or as a Vegetarian Option. With complimentary steamed rice. To exchange for savoury fried rice, brown rice or house noodles add 75c

Green: Spicy Coconut Milk Curry with Onions, Green Beans, Chilli and Basil. [f,cr]		€11.50
Red: Medium spiced Coconut Milk Curry with Onions, Chilli and Butternut Squash. [f,cr]		€11.50
Yellow: A Mild Coconut Milk Curry with Onions, Green Beans and Potato. [f,cr]		€11.50
Massaman: Creamy Mild Coconut Milk Curry with Potato, Onion and Peanuts. [pn,f,cr]		€11.50
Fried Panang Curry: With Green Beans, Onion, Red Chillies and flavoured with Lemon Juice, this FIERY CURRY is not for the faint at heart!!! [ce,f,gl,cr]		€11.50
Gaeng Phet Phet: Kanoodle's very own low-fat, hot, hot curry with courgette, onion, fine beans and a combination of Thai herbs. [f,w,gl,so]		€11.50

All curries are coeliac friendly. 

One Pot Wok Fried Rice Dishes...


Khao Pad

Kanoodle Fried Rice with Leek, Julienne Carrots, Bean Shoots and Roasted Garlic. Served with either: Chicken, Duck, Beef, Prawn or as a Vegetarian Option with Savoury Fried Tofu and Vegetables. Combination (add €1.50). [f,so,gl]

€11.50

Khao Pad Krapow

Northern Thai Fried Rice with Sweet Basil, Red Chillies, Onion, Fine Beans and Sliced Sweet Leeks. Served with either: Chicken, Duck, Beef, Prawn or as a Vegetarian Option with Savoury Fried Tofu and Vegetables. Combination (add €1.50). [f,so,gl]

 €11.50

Khao Pad Prik

Thai Jasmine Rice Stir Fried in Chilli Paste, with Pok Choi, Onion, Fine Beans Red Chilli and Leek. Served with either: Chicken, Duck, Beef, Prawn or as a Vegetarian Option with Savoury Fried Tofu and Vegetables. Combination (add €1.50). [f,so,gl]

 €11.50

Kid Kanoodles...

Plain Chicken Noodles

with no icky vegetables. [f,w,gl,so]

€7.00

Beef and Broccoli

served with steamed rice. [f,w,so]

€7.00

Popcorn Chicken

on a stick with peanut sauce served with steamed rice. [w,gl,pn]

€7.00

For the more adventurous children, ½ portions of grown up menu.

€7.00

K Sides...

Kanoodle Savoury Fried Potatoes [so,gl] €4

Asian Greens in Oyster Sauce [f,w,gl,so] €4

Spiced Salted Cashew Nuts [f,tn,cr,so] €4

Steamed Rice €2

House Noodles €4

Brown Rice €3

Prawn Crackers [f,cr,w,gl,so,msg] €2.50

Savoury Fried Rice[w,gl,e,so] €3

All of our food is animal fat and MSG free. Our produce is sourced locally where possible and all our poultry, beef and pork is farmed responsibly here in Ireland. Due to cooking methods, allergens may cross-contaminate.

Wines to go @ kanoodle® (only for dining)

On premises corkage charge of €3

 **White Wine** €4 per glass bottle

Bin 1: Ethnia Chardonnay, Chile €11.99

Bin 2: Stone Walker Sauvignon Blanc, S.Africa €12.99

Bin 3: Murari Pinot Grigio, Italy €13.99

 **Red Wine**

Bin 4: Ethnia Cabernet Sauvignon, Chile €11.99

Bin 5: Stone Walker Shiraz, S.Africa €12.99

Bin 6: Colognola Ripasso, Italy €17.99

 **Half Bottles**

Bin 7: Pionero Cabernet Sauvignon, Chile €6.50

Bin 8: Pionero Sauvignon Blanc, Chile €6.50

 **Sparkling Wine**

Serena Prosecco, Italy €13.99

Some like it hot...it's your call, with all of our dishes made to order, for that extra bit of spice in your life, tell us how hot you like it.



Look for our
LOW CALORIES dishes

Customers please note that the following declared allergens are handled in our kitchens; fish [f], eggs [e], wheat [w], celery [ce], tree nuts [tn], crustaceans [cr], molluscs [m], shell fish [sf], sesame [se], gluten [gl], soya [so], peanuts [pn], mustard [mu].

Hands On...

Kanoodle Selection Platter

Vegetable Spring Rolls, Ribs, Thai Chicken Satay, Chicken Wings and Prawn Rolls and served with Sweet Chilli and Peanut Dipping Sauces. [w,gl,sf,e,pn,se]

€12.50

Vegetable Spring Rolls

Thai Vegetable Spring Rolls of Glass Noodle, Shredded Carrot and White Cabbage served with Plum Dipping Sauce. [w,gl]

€4.95

Kanoodle Prawn Rolls

Garlic Prawns in a Flaked Almond Crust served with Sweet Chilli Dipping Sauce. [w,gl,f,cr]

€5.50

Aromatic Duck Rolls

Crispy Duck Rolls with Julienne Vegetables and Hoi Sin Dipping Sauce. [w,gl,se]

€5.50

Slow Baked Ribs

Melt in the mouth Pork Ribs with Sweet Chilli Dipping Sauce. [w,gl,so]

€5.50

Thai Chicken Satay

Skewers of Sliced Chicken Breast marinated in Northern Thai Seasoning served with Peanut Dipping Sauce. [pn]

€5.50

Back to the garden... Healthy, fresh and with virtually zero fat



Yum Nua Yang

Hot and Sour Warm Beef Salad of Cucumber, Tomato and Salad Greens, flavoured with Fresh Coriander and Mint leaves. [f] 278 Kcals



€8.50

Laap Ped

Minced Thai Roast duck with Shallots, Dried Chilli, Lime, Mint leaves and Ground Rice with Crispy Iceberg Lettuce cups. [f]



€8.50



Laap Gai

Minced Roast Chicken with Shallots, Dried Chilli, Lime, Mint leaves and Ground Rice with Crispy Iceberg Lettuce cups. [f] 296 Kcals



€8.50



Pok Pok

Glass Noodle, Tiger Prawn and Vegetable Salad in a lemon dressing flavoured with Fresh Coriander, Fresh Mint leaves, Dried Shrimp, Peanut and Lime. 255 Kcals [f,pn]



€8.50

All salads are coeliac friendly.



Noodle Soups...

Throughout Asia, Noodle Soups are the 'go to' all day everyday light and healthy snack. This is not a sandwich.



Gueyteow

Rice Noodle Soup with Beanshoots, Carrot, Leek and Spring Onion, topped with Fried Shallots and Hard Boiled Egg. Served with either Chicken 255 Kcals, King Prawn 188 Kcals or as a Vegetarian Option with Tofu 224 Kcals. [f,ce,mu,w,gl,cr,e,so,]

€8.00

Pho

Rice Vermicelli Noodles in a Star Anise and Cinnamon flavoured Stock with Fresh Mint leaves. Served with either Beef or Duck. [f,so]

€8.00



Tom Yam

A Thai institution! Egg Noodles in a Hot and Sour Stock flavoured with Lemongrass, Galangal, Lime Leaves and Fresh Coriander Leaves. Served with Chicken 384 Kcals, King Prawn 311 Kcals or as a Vegetarian option with Tofu 349 Kcals. [f,ce,w,gl,cr,so,w,e,]



€8.00

One Pot Wok Fried Noodles



The Kanoodle

Thick Egg Noodles in a Soya Sauce combination flavoured with White Pepper, Chicken, Shredded Carrot, Sweet Leeks, Beanshoots and Asian Greens. **412 Kcals.** [so,w,e,gl]

€11.50



Pad Thai Noodles

Noodles Thailand and The WORLD'S FAVOURITE NOODLE DISH!! Thai Ho Fan Noodles with Prawn, Chicken, Beanshoots, Carrot and Sweet Leeks in a Tamarind Sauce with Crunchy Peanuts and a wedge of Freshly Sliced Lime. **324 Kcals.** [f,pn,e,so,w,gl,cr]



€11.50

Singapore Noodles

Sliced Irish Chicken, Beef and Prawns in a Singapore Sauce with Egg Noodles, Red Chilli, Crispy Garlic and all the Vegetables we can squeeze into the pail! [f,so,w,gl,cr,e]



€11.50

Sweet Chilli Noodles

Egg Noodles with Crispy Fried Chicken or Crispy Pork Belly, Cherry Tomatoes, Red Chilli, and Sweet Leeks [e,w,gl]

€11.50

Kow Soi Noodles

Egg Noodle in a Mild Madras Curry with Chicken, Pickled Garlic and Fried Shallots with Crisp Deep Fried Noodles served on top. [w,e,gl,f]



€11.50



Drunkards Noodles

Flat Rice Noodles with Spicy Beef, Cherry Tomatoes, Thai Red Chilli, Onion, Fine Beans, Asian Greens and Sweet Basil. **460 Kcals.** [f,so,w,gl]



€11.50



Phuket Noodles

Thick Egg Noodles, Tiger Prawns, Dried Shrimp, Pok Choi and Peanuts with a hint of White Pepper. **412 Kcals.** [f,so,w,gl,cr,pn]

€11.50

The Wok Stars...

Served with complimentary steamed rice. To exchange for savoury egg fried rice please add 75c

Bangkok Duck

Roast Duck in Thai seasoning served with Pok Choi, Beanshoots, Onion, Chilli and Fine Beans. [f,so,gl]



€11.50

Sweet Chilli Chicken

Breaded Chicken Breast in a Sweet Chilli Sauce with Onion, Sliced Red Chilli, Fine Beans, Leek and Courgette. [w,gl,e]



€11.50

Sweet Chilli Pork

Crispy Pork Belly in a Sweet Chilli sauce with Onion, sliced red Chilli, Fine Beans, Leek and Courgette [e,f,so]

€11.50

Caramelised Pork Belly

Crispy Pork Belly, Sliced Onions, Sweet Leek and Beanshoots in a mild, Sweet and Savoury Sauce [f,so,e]

€11.50

Crispy Hoi Sin Chicken

Crispy chicken with Onion, Sweet Leek, Courgette and Thai Red Chilli in a Northern Thai blend of Oyster Sauce and Hoi Sin Sauce flavoured with Thai Basil. [w,gl,so]

€11.50



Pad Prik Haeng

Fresh Chilli and Cashew Nuts in Thailand's favourite Garlic and White Pepper. Sauce with Fresh Coriander Leaves. Served with either: Chicken **274 Kcals**, Duck **297 Kcals**, Beef **334 Kcals**, Prawn **254 Kcals** or as a Vegetarian Option with Savoury Fried Tofu and Vegetables **238 Kcals** Combination (add €1.50). [f,so,gl,pn,tn]



€11.50



Pad Krapow

Sweet Basil and Red Chilli Stir Fry with, Onion, Fine Beans, Leek, Oyster Sauce, Light Soya and Spring Onion. Served with either: Chicken **274 Kcals**, Duck **297 Kcals**, Beef **334 Kcals**, Prawn **254 Kcals** or as a Vegetarian Option with Savoury Fried Tofu and Vegetables **238 Kcals**. Combination (add €1.50). [f,so,gl]



€11.50



Pad King

Jullienne of Ginger, Onion, Sweet Baby Leek and Thai Cloud Ear Mushroom in a Classic Thai Sauce flavoured with Roasted Garlic and White Pepper. Served with either: Chicken **274 Kcals**, Duck **297 Kcals**, Beef **334 Kcals**, Prawn **254 Kcals** or as a Vegetarian Option with Savoury Fried Tofu and Vegetables. Combination (add €1.50). [f,so,gl]

€11.50



Pad Prik

Black Bean Sauce Stir Fry with Onion, Fine Beans, Red Chilli and Sweet Leek. Served with either: Chicken **274 Kcals**, Duck **297 Kcals**, Beef **334 Kcals**, Prawn **254 Kcals** or as a Vegetarian Option with Savoury Fried Tofu and Vegetables **238 Kcals**. Combination (add €1.50). [f,so,gl]



€11.50



Pad Mow

Oyster Sauce and Lime Leaves, Fresh Sliced Red Chilli, Onion and Fine Beans. Served with either: Chicken **274 Kcals**, Duck **297 Kcals**, Beef **334 Kcals**, Prawn **254 Kcals** or as a Vegetarian Option with Savoury Fried Tofu and Vegetables **238 Kcals**. Combination (add €1.50). [f,w,so]

€11.50

If you are watching your calorie intake please remember to add: Thai Jasmine Rice – 248 Kcals, Brown Rice - 254 Kcals, Savoury Fried Rice - 374 Kcals